

HOLDINGS		CONSERVATIVE	CONSERVATIVE GROWTH	BALANCED GROWTH	MODERATE GROWTH	AGGRESSIVE GROWTH
<b>EQUITY ALLOCATION</b>	<b>TICKER</b>	<b>17.0%</b>	<b>35.0%</b>	<b>50.0%</b>	<b>70.0%</b>	<b>85.0%</b>
First Trust Large Cap Growth AlphaDEX® Fund	FTC	–	2.0%	3.5%	5.0%	6.0%
First Trust Large Cap Value AlphaDEX® Fund	FTA	–	6.0%	6.5%	9.0%	9.5%
First Trust Capital Strength ETF	FTCS	4.0%	5.0%	6.0%	8.0%	10.5%
First Trust Value Line® Dividend Index Fund	FVD	7.0%	5.5%	4.5%	6.0%	8.5%
First Trust Large Cap Core AlphaDEX® Fund	FEX	3.0%	–	–	–	–
First Trust Rising Dividend Achievers ETF	RDVY	–	–	3.5%	3.0%	4.0%
First Trust Growth Strength ETF	FTGS	–	2.0%	–	2.5%	3.0%
First Trust Europe AlphaDEX® Fund	FEP	–	–	3.0%	2.5%	3.5%
First Trust Emerging Markets AlphaDEX® Fund	FEM	–	2.0%	2.0%	2.5%	4.0%
First Trust Developed Markets ex-US AlphaDEX® Fund	FDT	3.0%	5.0%	3.0%	6.0%	7.5%
First Trust Japan AlphaDEX® Fund	FJP	–	–	2.0%	3.0%	3.5%
First Trust Dow Jones Internet Index Fund	FDN	–	–	4.0%	5.5%	7.0%
First Trust Nasdaq Oil & Gas ETF	FTXN	–	–	–	2.0%	2.5%
First Trust Energy AlphaDEX® Fund	FXN	–	1.5%	2.0%	–	–
First Trust Health Care AlphaDEX® Fund	FXH	–	3.0%	3.5%	4.5%	5.0%
First Trust NASDAQ Technology Dividend Index Fund	TDIV	–	3.0%	6.5%	8.0%	7.5%
First Trust NASDAQ-100-Technology Sector Index Fund	QTEC	–	–	–	2.5%	3.0%
<b>ALTERNATIVES ALLOCATION</b>	<b>TICKER</b>	<b>8.0%</b>	<b>10.0%</b>	<b>12.0%</b>	<b>10.0%</b>	<b>5.0%</b>
First Trust Alternative Absolute Return Strategy ETF	FAAR	4.0%	2.5%	3.0%	2.5%	–
First Trust Managed Futures Strategy Fund	FMF	4.0%	5.0%	6.0%	5.0%	2.5%
First Trust Long/Short Equity ETF	FTLS	–	2.5%	3.0%	2.5%	2.5%
<b>FIXED INCOME ALLOCATION</b>	<b>TICKER</b>	<b>75.0%</b>	<b>55.0%</b>	<b>38.0%</b>	<b>20.0%</b>	<b>10.0%</b>
First Trust Low Duration Opportunities ETF	LMBS	10.0%	5.0%	4.0%	2.0%	–
iShares MBS ETF	MBB	5.0%	3.0%	–	–	–
First Trust TCW Opportunistic Fixed Income ETF	FIXD	30.0%	27.0%	18.0%	10.0%	10.0%
First Trust Limited Duration Investment Grade Corporate ETF	FSIG	7.5%	5.0%	4.0%	–	–
First Trust Intermediate Duration Investment Grade Corporate ETF	FIIG	7.5%	5.0%	6.0%	4.0%	–
First Trust Long Duration Opportunities ETF	LGOV	15.0%	10.0%	6.0%	4.0%	–