

As of 05/14/2026



Strategic Risk Model Portfolios

Equity Allocation	Ticker	Conservative	Conservative Growth	Balanced Growth	Moderate Growth	Aggressive Growth
Domestic Core						
First Trust Rising Dividend Achievers ETF	RDVY	—	4.0%	5.5%	5.5%	7.0%
First Trust Active Factor Large Cap ETF	AFLG	—	3.0%	5.5%	8.0%	9.5%
First Trust Growth Strength™ ETF	FTGS	4.0%	4.0%	4.0%	6.0%	7.5%
First Trust Large Cap Value AlphaDEX® Fund	FTA	—	4.0%	4.0%	6.5%	7.0%
First Trust Value Line® Dividend Index Fund	FVD	7.0%	3.0%	3.5%	4.5%	7.0%
First Trust Capital Strength® ETF	FTCS	—	3.0%	3.5%	3.0%	3.0%
First Trust Large Cap Core AlphaDEX® Fund	FEX	3.0%	—	—	—	—
International Core						
First Trust Developed Markets ex-US AlphaDEX® Fund	FDT	3.0%	5.0%	1.5%	4.0%	5.5%
First Trust Emerging Markets AlphaDEX® Fund	FEM	—	2.0%	3.5%	4.5%	6.0%
First Trust Europe AlphaDEX® Fund	FEP	—	—	3.0%	2.5%	3.5%
First Trust Japan AlphaDEX® Fund	FJP	—	—	2.0%	3.0%	3.5%
Satellite						
First Trust NASDAQ Technology Dividend Index Fund	TDIV	—	7.0%	9.5%	8.0%	7.5%
First Trust NASDAQ-100-Technology Sector Index Fund	QTEC	—	—	—	5.5%	7.5%
First Trust NYSE® Arca® Biotechnology Index Fund	FBT	—	—	2.0%	4.0%	3.0%
First Trust Dow Jones Internet Index Fund	FDN	—	—	2.5%	3.0%	3.5%
First Trust Health Care AlphaDEX® Fund	FXH	—	—	—	—	2.0%
First Trust Nasdaq Bank ETF	FTXO	—	—	2.0%	2.0%	2.0%
Total		17.0%	35.0%	50.0%	70.0%	85.0%
Fixed Income Allocation						
	Ticker					
U.S. Mortgage-Backed						
First Trust Low Duration Opportunities ETF	LMBS	7.5%	5.0%	—	—	—
U.S. Opportunistic Core						
First Trust Smith Opportunistic Fixed Income ETF	FIXD	10.0%	6.0%	6.0%	3.0%	5.0%
Core Fixed Income						
First Trust Core Investment Grade ETF	FTCB	27.5%	23.5%	19.0%	12.0%	5.0%
U.S. Corporate - Investment Grade						
First Trust Intermediate Duration Investment Grade Corporate ETF	FIIG	10.5%	13.0%	6.0%	5.0%	—
First Trust Limited Duration Investment Grade Corporate ETF	FSIG	7.5%	2.5%	4.0%	—	—
U.S. Treasury						
First Trust Long Duration Opportunities ETF	LGOV	10.0%	5.0%	3.0%	—	—
Total		75.0%	55.0%	38.0%	20.0%	10.0%
Alternatives Allocation						
	Ticker					
First Trust Managed Futures Strategy Fund	FMF	4.0%	5.0%	6.0%	5.0%	2.5%
First Trust Long/Short Equity ETF	FTLS	—	2.5%	3.0%	2.5%	2.5%
First Trust Alternative Absolute Return Strategy ETF	FAAR	4.0%	2.5%	3.0%	2.5%	—
Total		8.0%	10.0%	12.0%	10.0%	5.0%